

CID PEER SUPPORT PROGRAM

- Are you over 18 years old and live with a disability?
- Do you feel isolated and alone?
- Are you looking for more ways to connect with others in your community?
- Do you live in San Mateo County?



IF SO, JOIN US!

PEER SUPPORT GROUP EVERY WEDNESDAY AT 2:00 P.M.

FIRST MEETING IS WEDNESDAY, OCTOBER 16TH, 2024.

**CID Peer Support
Program Location:**

CID Headquarters
2001 Winward Way #103
San Mateo, CA 94404

Wednesdays 2 - 3:30 P.M.

Snacks and Beverages will be provided following the group meeting from 3:30 P.M. to 4:00 P.M.



Got Questions? Please Contact Shira Leeder or Peter Chiu



shiral@cidsanmateo.org



peterc@cidsanmateo.org



(650) 645-1780 Ext. 127

We look forward to seeing you and serving your peer support needs.

YOU ARE NOT ALONE!